

Unique algorithm for the evaluation of embryo photon emission and viability

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Article

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Unique algorithm for the evaluation of embryo photon emission and viability

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25	Living	cells have spontaneous ultraweak photon emission derived from metabolic reactions

Living cells have spontaneous ultraweak photon emission derived from metabolic reactions associated with physiological conditions. The ORCA-Quest CMOS camera (Hamamatsu Photonics, Japan) is a highly sensitive and essential tool for photon detection; its use with a microscope incubator (Olympus) enables the detection of photons emitted by embryos with the exclusion of harmful visible light. With the application of the second law of thermodynamics, the low-entropy energy absorbed and used by embryos can be distinguished from the higherentropy energy released and detectable in their environment. To evaluate higher-entropy energy

data from embryos, we developed a unique algorithm for the calculation of the entropy-32 33 weighted spectral fractal dimension, which demonstrates the self-similar structure of the energy (photons) released by embryos. Analyses based on this structure enabled the distinction of 34 living and degenerated mouse embryos, and of frozen and fresh embryos and the background. 35 This novel detection of ultra-weak photon emission from mouse embryos can provide the basis 36 for the development of a photon emission embryo control system. The ultraweak photon 37 emission fingerprints of embryos may be used for the selection of viable specimens in an ideal 38 39 dark environment.

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Keywords: photon emission, entropy-weighted spectral fractal dimension, spectral fingerprint,
mouse embryo, fractal structure, entropy level energy

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Living cells (e.g. those making up plants, animals and humans) have spontaneous ultraweak
photon emission (UPE), the origin of which is linked directly to reactive oxygen species^{1,2}.
Variations in UPE intensity are associated with physiological and pathological conditions such
as thermal, chemical and mechanical stresses, the mitochondrial respiratory chain, the cell cycle
and cancerous growth³⁻⁵.

Worldwide, more than 8 million children have been born as a result of assisted reproductive technology (ART), and about 2.5 million in-vitro fertilisation (IVF) cycles resulting in 500,000 children are delivered annually. The method used for embryo selection and transfer is a very important ethical, and even more so practical, issue. With time-lapse technology and stable culture conditions, embryos can be viewed and monitored continuously throughout their development⁶, but visible light (400–700 nm) is required. The ART success rate remains unsatisfactory, lagging far behind the theoretical possibility, and early findings revealed the damaging effects of visible light on embryos and gametes. This effect, however, remains less
well known than the toxic effect of ultraviolet light on living cells.

Early embryonic development is characterised by rapid cell division and embryonic gene 58 activation, which make embryos extremely vulnerable and sensitive to environmental 59 influences. The human body protects itself against visible light by reducing the radiation dose. 60 However, light can damage cells during IVF, especially intracytoplasmic sperm injection 61 (ICSI), as well as during oocyte and sperm preparation, embryo incubation, microscopic 62 examination and embryo transfer^{7–9}. To protect against such damage during laboratory 63 procedures, we created a dark environment by covering the devices used for manipulation 64 65 during IVF/ICSI procedures and applying red filters to laboratory, microscope and IVF workstation light sources. The fertilisation, blastocyst development and clinical pregnancy rates 66 were significantly higher for embryos protected from light than for those manipulated in 67 68 conventional lighted conditions⁷. Thus, the creation of a dark environment and use of light filters can reduce harmful environmental effects in IVF laboratories^{7–10}. 69

The ever-increasing role of IVF in human reproduction and the need for the establishment of applied methodology make the development of methods based on the latest scientific evidence a moral obligation. Cell photon emission may be employed to eliminate the risks associated with visible light. Due to the extremely low energy of UPE, however, the feasibility of detecting embryo photon emission under the conditions applied during embryo development needs to be considered. For this purpose, we explored the detection of photon emission from mouse embryos and viable embryo selection based thereon.

77

78 **Results**

We successfully detected spontaneous photon emission from developing mouse embryos underideal incubation conditions (i.e. without external stimulation) using a special light-free setup

created with a photon camera (Hamamatsu Photonics, Japan) and microscope incubator 81 82 (Olympus). To evaluate the higher-entropy energy data, we developed a unique algorithm that shows the self-similar structure of the photon energy released by the embryos. No significant 83 difference was observed between reference measurements taken with the sample holder with 84 and without embryo incubation medium in the measurement space, indicating that the medium 85 had a minimal effect on the results (Fig. 1). Data obtained from the embryos when the red diode 86 was in the measurement space but not working and those obtained when it was working 87 continuously differed clearly (Fig. 2), but it was not possible to determine the extent of the 88 influence of noise (effects of the sample holder, nutrient solution and/or embryo). The 89 90 information content (entropy), spectral fractal structure and entropy-weighted spectral fractal 91 structure, shown in Fig. 3 as functions of the integration time, supported the success of physiologically justified sampling. We used an integration time of 1 min and sampling areas of 92 21×21 pixels. 93



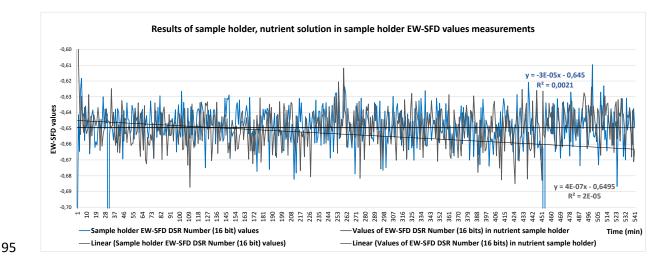
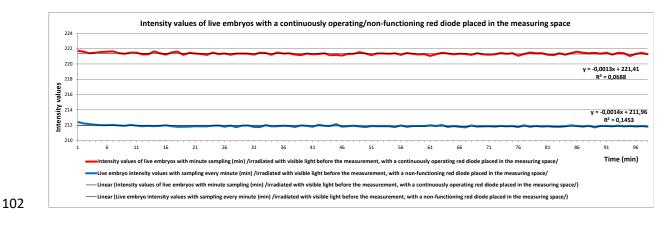
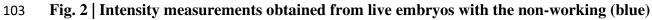


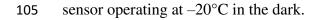
Fig. 1 | Reference measurements obtained with the sample holder with and without
nutrient solution in the measurement space based on entropy-weighted spectral fractal
dimension (EW-SFD) values (Methods, Eq. 11). No significant difference was observed

- 99 between measurements, indicating that the nutrient solution had a minimal effect on the
- 100 measurement results.
- 101

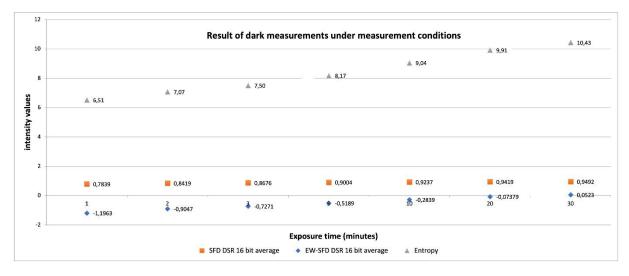




104 and continuously working (red) diode. Data were corrected using data obtained with the





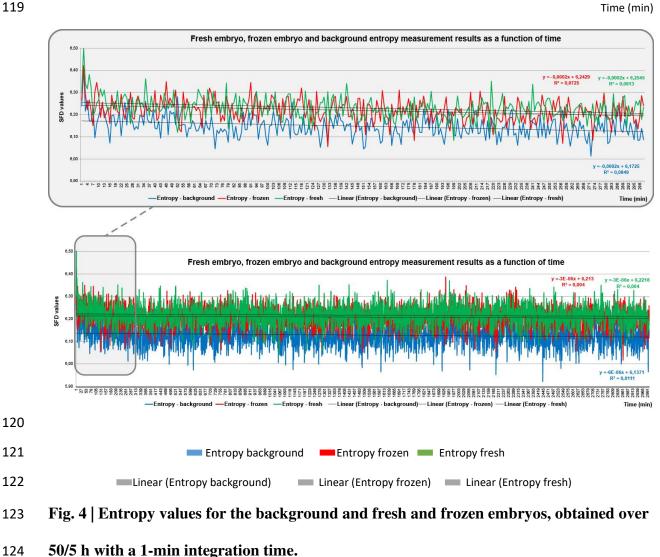


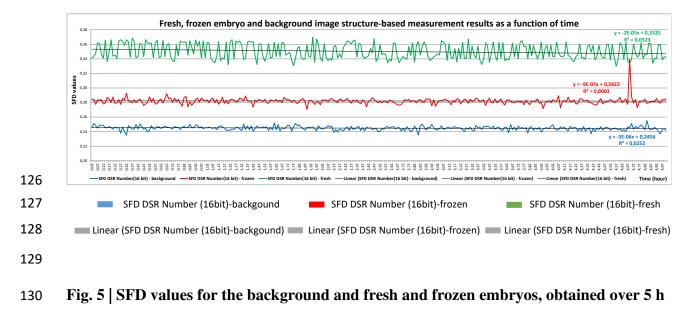
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Fig. 3 | Intensity values for the information content (entropy), spectral fractal structure¹¹
and entropy-weighted spectral fractal structure (measurements obtained in the dark) as
functions of integration times.

Fresh embryo, frozen embryo and background samples could be distinguished clearly by 112 significant differences in entropy values (Fig. 4). Spectral fractal dimension (SFD) values 113 obtained over 5 h of continuous time-lapse recording of live embryos in the eight-cell to blastula 114 stages with 1-min exposure times are provided in Fig. 5. Living and degenerated embryos could 115 be distinguished clearly by their SFD DSR (Different Spectral Resolution) structure-based 116 curves calculated based on the Eq. 7 relationship discussed in Methods section (Fig. 6). 117

- 118
- 119





- 131 with a 1-min integration time.
- 132

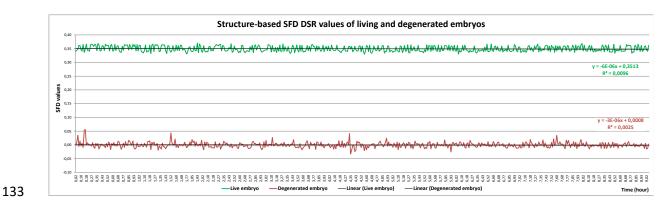


Fig. 6 | SFD DSR values for living and degenerated embryos, obtained over 9 h with a 1min integration time.

136

137 Discussion

In this study, we developed an algorithm for the calculation of entropy-weighted (EW)-SFD values and a setup for the detection of photon emission from developing mouse embryos in the absence of visible light. We confirmed that the presence of the sample holder filled with incubation medium had no significant effect on detection, and showed that freshly conceived embryos emit significantly more photons than do frozen/thawed embryos. Moreover, we showed that living and degenerated embryos could be distinguished via analysis based on theself-similar image structure.

Methods based on light, laser, chemical and other forms of stimulation have been employed in previous photon emission studies^{12–21}. Such stimulation cannot be used with embryos, which require maximal protection against all physical, chemical and biological factors.

Eq. 8 is based on the relationship described by Eq. 5, and these equations can be used when the useful signal occurring in a random sample is self-similar or has a non-random structure. The algorithm developed here is for the measurement of lossless digital images. It can be used to measure multi-band images per band or together in the case of the representation of 1–16 bits/band, not only with standard pixel representation (8 or 16 bits/pixel), but also with the representation of the maximum number of real pixels in the image.

Eq. 5 has been applied in practice in many cases. As it is a metric, it can be used in clustering 154 and supervised classification tasks during metric classification²². Berke and colleagues^{23,24} used 155 it to distinguish infected and healthy parts of potato tubers, to classify chip samples and to 156 perform classification tasks on multi- and hyperspectral space images, highlighting its 157 applicability to aerial and space images with more than 20 independent spectral bands. In 158 addition, Berke²² supplemented the equation, proposing a spatial and spectral resolution range 159 160 factor applicable to digital images produced by CCD/CMOS sensors with finite resolution, which includes all three important sensor characteristics (number of pixels, spectral resolution 161 and number of channels). Eq. 5 has also been used successfully to detect the effect of pollution 162 on corn via the examination of proximity-derived pollutants (cadmium and carbon black)²⁵. 163 Berke^{26,27} applied the equation to recognise potato varieties that cannot be distinguished by eye 164 and to measure leaf damage. Karydas²⁵ used Eq. 5 in the mathematical presentation of natural 165 processes containing scale changes. 166

Biologists have long known about the luminescence of living organisms. A new field of 167 research focuses on biophotons, emitted by living cells in quantities too small to be seen. In 168 research conducted in a dark laboratory, Mayburov²¹ found that biophotons emitted from older 169 loach eggs inhibited the growth of immature eggs. Such radiation had previously been found to 170 communicate between distant samples, resulting in the synchronisation of their development. 171 Mayburov²¹ recognised a binary pattern in the biophoton data, with periodic bursts that 172 173 provided a clue about such communication; the pattern resembled human transmissions over noisy communication channels, which may be similar to the exchange of binary-coded data 174 through channels in computer networks. 175

Popp et al.¹⁸ assumed that biophotons (i.e. UPE) presented a wide variety of frequencies that originate from DNA. He also reported that biophotons are coherent and suggested that they regulate organisms' life processes. However, the idea that UPE is coherent is under debate. Whether UPE is a byproduct of biological metabolism or has some informational or functional role, and the spectral fingerprints of embryos, remain unclear. More research is needed to determine, for example, how cells produce photons, whether other cells sense them and, if so, how they react.

183

184 Conclusion

Here, we detected UPE from mouse embryos, providing the basis for an embryo monitoring system with the control of developmental, physiological and energetic processes under ideal dark incubation conditions with no external physical or chemical stimulation. We developed a unique algorithm for EW-SFD calculation that demonstrates the self-similar structure of the energy released by embryos in the form of photons. Analyses based on the self-similar image structure enabled the distinction of living and degenerated embryos, as well as frozen and fresh embryos and the background. We hope that these results will serve as a basis for the development of a photon emission embryo control system, given the known harmful effect of visible light on embryos. Embryos' UPE fingerprints may be used for the selection of viable specimens under ideal dark incubation conditions, but further research and innovation are needed to reach this goal.

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- 263 Methods
- 264 **Theoretical considerations**

The physical basis of our work is the second law of thermodynamics, which states that the total entropy of a closed system does not decrease (Clausius' formulation):

$$dS \ge 0. \tag{1}$$

268 where dS is the (physically known) entropy change

Another fundamental characteristic of biological systems is that they consume energy. From a thermodynamic perspective, however, this energy must have low entropy, i.e. be far from thermal equilibrium. Under ideal conditions (i.e. the absence of external environmental influences), an embryo on incubation medium can be considered to be a thermodynamically closed system. We assumed that the entropy of the energy absorbed by the embryo from the nutrient solution can be divided into low $[E_{ELE}(t)]$ and high $[E_{EHE}(t)]$ parts:

$$E_{E}(t) = E_{ELE}(t) + E_{EHE}(t).$$
(2)

Embryos' cells incorporate and use low-entropy energy, which cannot be detected directly in the measurement space we created. Their high-entropy energy can be detected and, based on our assumptions is given off mostly in electromagnetic form.

279

280 Algorithm development

We chose parameters for data evaluation that corresponded partly to the embryos' high-entropy energy output and partly to the sensors' image data. A digital characteristic suitable for the measurement of entropy-based quantities was selected based on expectations regarding living organisms' energetic processes and the imaging equipment's digital data recording. We measured information theory entropy, which has been practically applied to image data in many cases^{22–24,26,28,29}.

287 Rényi¹⁷ defined entropy mathematically in 1961, and a programme for its measurement in 288 16-bit image data has been developed²⁶. Shannon^{31,32} introduced the currently used 289 information-theory concept of entropy in 1948 and then illustrated it with a practical example. According to these definitions, the average information content (entropy) of independent digitalmessages can be determined by:

$$H = \sum_{i=1}^{m} p_i \, ld\left(\frac{1}{p_i}\right),\tag{3}$$

where *H* is the information-theoretic entropy and p_i is the probability of occurrence of the *i*th message (relative frequency in practice). The information-theoretic entropy of a closed system can take the following values:

296

$$0 \le H \le \log_2 n, \tag{4}$$

where n is the number of possible messages. Entropy is smallest when the source always sends the same message, i.e. the image has a single intensity value. It is greatest when the probability of all messages is equal.

When the self-similar (fractal) data structure is of interest in addition to the information 300 content (entropy), the measurement of independent structural parameters is advisable. As our 301 assumption holds that the embryo should be treated as such an object, and according to our 302 previous research on the operation of living objects ^{24,26,27}, the structural parameter of the fractal 303 dimension was measured. In this case, the values of pixels reaching the sensor from the embryo 304 also contain three essential elements: the intensity of the photon emitted by the embryo, the 305 306 structure of the photons emitted at different moments during the integration time and noise. We developed a unique EW-SFD function (algorithm) to separate these data from a single region 307 308 and background. As this function is a measure of the self-similar structure weighted by the entropy of the image data, it encompasses the structure and information content of the energy 309 emitted by the object. 310

The dimension of a fractal curve is a number that shows how the distance between two selected points on the curve increases when the resolution is increased. Thus, if the topological dimensions of the line and the surface are always 1 and 2, respectively, the fractal dimension falls between these values. Curves and surfaces in the real world are not real fractals; they were created by processes that can create shapes only within specific size ranges. Thus, the dimension
can change depending on the resolution. Change can aid the understanding of the processes
characteristic of living biological systems involved in creation.

Several methods that are suitable for the calculation of fractal dimensions have been 318 developed¹¹,^{33–35}. Such is also the case for SFD calculation²⁶, a structural analytical procedure 319 derived from the measurement of general fractal dimensions that represents a novel application 320 321 of fractals. In addition to spatial structure measurement, SFD calculation is suitable for the measurement of spectral band colour structures and provides sufficient information about the 322 fractal properties of colours and shades. For the calculation of SFD values for two or more 323 324 image bands with the same spectral resolution, the following formula involving the simple 325 mathematical averaging of the measured data as a function (number of valuable spectral boxes among all spectral boxes) can be applied: 326

$$SFD_{ESR} = \frac{n \times \sum_{j=1}^{S-1} \frac{\log(BM_j)}{\log((2^S)^n)}}{S-1},$$
(5)

327

where *n* is the number of image layers or channels, *S* is the spectral resolution in bits and BM_j is the number of spectral boxes containing a valuable pixel for bit *j*. The number of possible spectral boxes for bit *j* (BT_j) can be calculated as follows:

331

$$BT_j = (2^S)^n (6)$$

This SFD_{ESR} (Equal Spectral Resolution) metric is non-negative definite and symmetrical, and it satisfies the triangle inequality²⁶ An additional condition for the performance of the measure is the fulfilment of the regularity condition (i.e. that points on a discrete image plane have a uniform density). In practice, before the analog/digital converter, the image function is subjected to non-linear transformation, making the density of the image function constant. Thus, the condition of regularity usually is or can be considered to be fulfilled for digital images.

 $As the SFD_{ESR}$ correlation is a metric, it can be used to measure image data exactly.

To calculate the EW-SFD, we begin with the measurable definition of the SFD²⁶: 339

$$SFD_{measurement} = \frac{n \sum_{j=1}^{S-1} \frac{\log(SBM_j)}{\log(SBT_j)}}{S-1},$$
(7)

340

341 where SBM_i is number of spectral boxes containing a valuable pixel for bit j and SBT_i is the total possible number of spectral boxes for bit *j*. We weight the number of spectral boxes 342 using an entropy-based weighting factor (f_i) : 343

$$EW - SFD_{measurement} = \frac{n \sum_{j=1}^{S-1} \frac{\log[f_j \times (SBM_j)]}{\log(SBT_j)}}{S-1}.$$
(8)

344

345 The possible number of spectral boxes for bit *j* can be calculated according to Eq. 7. The entropy-based weighting factor is calculated as: 346

$$f_{j} = \frac{H(SBM_{j})}{\max H_{j}} = \frac{H(SBM_{j})}{j} = \frac{\sum_{k=1}^{2^{S}} p_{k} ld\left(\frac{1}{p_{k}}\right)}{j}, \qquad (9)$$

3

where $max H_i$ is the maximum entropy for j bit pixels, j represents the values of the pixels in 348 the SBM_j box in bits, p_k is the relative frequency of the kth pixel in the SBM_j box and 349

 $H(SBM_i)$ can be calculated for independent pixels as: 350

$$H(SBM_{j}) = \sum_{k=1}^{2^{S}} p_{k} ld\left(\frac{1}{p_{k}}\right)$$
(10)

351

Finally, the EW-SFD is calculated as: 352

$$EW - SFD_{measurement} = \frac{n\sum_{j=1}^{S-1} \frac{\left[\sum_{k=1}^{2^{S}} p_{k} ld\left(\frac{1}{p_{k}}\right)\right] \times (SBM_{j})}{\log(SBT_{j})}}{S-1}.$$
(11)

354

353

355 Animals

Thirty 7-week-old female and 20 9-week-old male CD1 mice were purchased from Charles River (Germany). The animals were housed in a Uniprotect Ng/M animal-keeping cabinet (Zoonlab Gmbh, Germany) at 24°C with a 12/12-h day/night cycle and 50% humidity before the experiments. They were given a minimum of 2 weeks' accommodation time.

360

361 Superovulation, embryo retrieval and culture

Eight- to 12-week-old female CD1 mice were injected with 5 IU follicle-stimulating hormone 362 (Merional, IBSA Pharma, Switzerland). Forty-eight hours later, the mice were treated with 5 363 IU luteinizing hormone (Chloragon, Ferring, Hungary) and placed directly in CD1 males. Two 364 days later (1.5 days post-coitum), embryos in the two- and four-cell stages were flushed from 365 366 the fallopian tubes and cultured in groups (10-14/50-µl droplet) in potassium simplex optimisation medium (Millipore, England) supplemented with 0.4% bovine serum albumin 367 under mineral oil at 37°C with 5% CO₂ in the air. The culture media were replaced after 2 days. 368 369 UPE measurements were performed on two-cell embryos and after 24 h culture at the four-370 eight-cell stage. Only high-quality fresh viable embryos were used.

371

372 Embryo vitrification, warming and culture

Six–eight-cell embryos were vitrificated and warmed for measurement using Rapid-i sets
(Vitrolife AG, Gothenburg, Sweden). The post-warming live embryo rate was >90%. UPE
detection was performed after the embryos had been cultured for 1 or 2 h in EmbrioSlide dishes
(Vitrolife; Fig. 7), prepared according to the manufacturer's recommendation. The dishes'
microwell design permitted the embryos to be halted in their original positions during data
collection.



Fig. 7 | Embryo culture dish.

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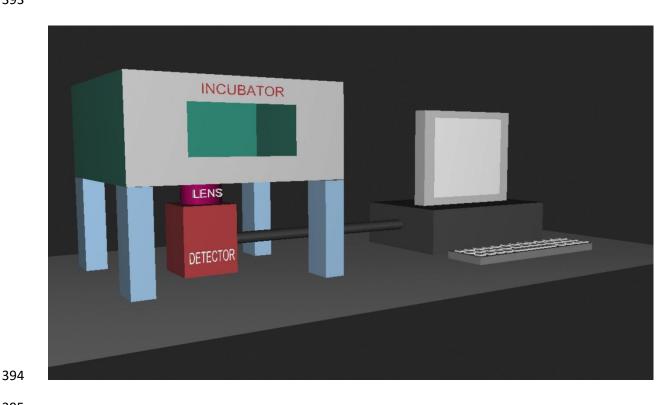
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380

382 **Photon emission detection**

383 UPE detection was performed using the ORCA-Quest CMOS camera (Hamamatsu 384 Photonics), which is an extremely sensitive device that can detect single photons, and was used 385 to observe time-dependent photon emission intensity. The system is equipped with 386 a quantitative CMOS image sensor providing a maximum spectral response from 300 to 1000 387 nm, cooled to -20° C. The effective number of pixels was 4096 (H) × 2304 (V), the pixel size 388 was 4.6 × 4.6 µm and the quantum efficiency was 90% at 475 nm and 33% at 900 nm. The 389 camera was used with a microscope incubator (Olympus), which ensured the ideal conditions

for embryo cultivation while allowing the detection of photons emitted by the embryos by excluding visible light (i.e. creating completely dark conditions; Figs. 8 and 9). We studied the photon emission of freshly conceived and frozen/thawed embryos.



- Fig. 8 | Arrangement of the CMOS camera, microscope incubator and computer
- instrument complex.



399

400

401 Fig. 9 | Photograph of the CMOS camera, microscope incubator and computer

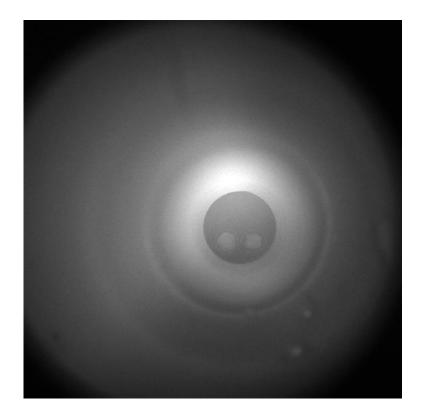
402 instrument complex.

403

Data were collected continuously during the measurement period. Before and immediately after measurement, the following reference recordings were made under visible conditions to aid setting and processing (Figs. 10, 11): the completely empty incubator and the measurement space containing, respectively, an empty sample holder, a sample holder and incubation

medium, and an embryo in incubation medium. For the measurement of the completely empty 408 incubator, the camera settings were changed so that the intensity of each pixel equalled zero: 409 we disabled automatic amplification, started cooling based on the Peltier effect, and stabilised 410 when the sensor had reached an operating temperature of -20° C. Illustration of the results of 411 the reference measurement with the sample holder and sample holder with incubation medium 412 placed in the measurement space based on EW-SFD values (Eq. 11). At the next step of 413 414 measurements of the non-working diode (blue curve) placed in the measurement space, as well as the continuously working red diode (red curve), the intensity values from the live embryo, 415 all of which were corrected with the dark data of the sensor operating at -20°C. In the second 416 417 period, we deactivated all filters in the measurement software to maximise the data.

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419

420 Fig. 10 | First frame of 50 h measurement.

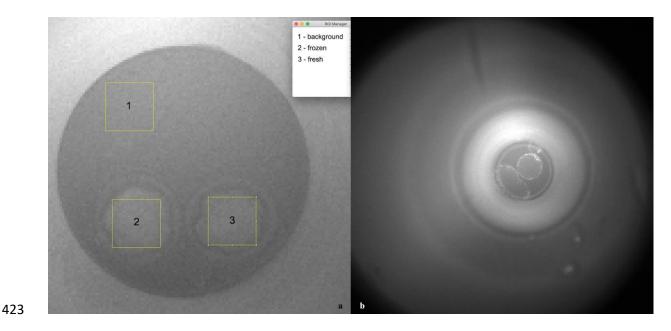


Fig. 11 | a, Designation of sampling areas on the illuminated image taken before
measurement: (1) background, (2) frozen embryo and (3) fresh embryo. b, Last frame of
50 h measurement, embryos at blastula and hatching stages.

427

The establishment of the integration time is an important component of accurate 428 measurement. If the image-sensing device behaved ideally, the shortest factory-established 429 430 integration time would be appropriate. In practice, the determination of the device setting based on real conditions (the characteristics of the camera, measurement space and object) is 431 advisable. The following factors were considered when determining the final integration time: 432 the camera amplification, photons reflected within the measuring space, photons generated in 433 434 the measurement space and not emitted by the embryo, photons entering the measurement space from the external environment, strength and temporal inhomogeneity of photons emitted by the 435 embryo, and data backup parameters employed during long-term measurement. The 436 deactivation of the camera's amplification eliminated non-zero intensity values caused by 437 amplification during measurement of the empty space, significantly reducing disturbance from 438 photons not emitted by the embryo. Regarding the backup parameters, the system had a 2-GB 439

file size limit for control and data saving, which allowed for up to 50 h of data recording, even with the application of a minute-by-minute integration time (3,000 images). Thus, photons emitted by the embryo could be detected with minimal noise, representing physiologically justified sampling.

444

445 Image processing

The digital image data generated during measurement were saved in batch lossless format (.btf) 446 with a depth of 16 bits/pixel and integration time of 1 min. During data processing, sample 447 areas of different sizes were selected for initial preliminary measurements, and then areas of 448 449 the same size were selected for exact measurements, based on the reference images. During the selection of same-size areas, the background data (those from the sample holder with and 450 without incubation medium) were removed pixel by pixel to select the area containing the 451 452 embryo (Fig. 11). After measuring the uncorrected images, we performed entropy-, SFD- and EW-SFD-based measurements on the corrected image. 453

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455 **Data availability** Data collected during this study is available on request from the 456 corresponding author.

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481	the Declaration of Helsinki, and approved by the Regional and Local Research Ethics	
482	Committee of the University of Pécs, Pécs, Hungary (PTE KK 7072-2018). The study is	
483	reported in accordance with ARRIVE guidelines.	
484		
485	Author Contributions	
486	JBerke and IG participated in research development and research methodology tasks related to	
487	image processing, data processing and tool development. ZB preparing biological samples,	
488	participated in research development and research methodology tasks related to image	
489	processing, data processing and tool developmen. DB, AE and V K-B participated in research	

and development tasks related to image processing and data processing. PM, BN, ÁV, KK and
JBódis parcipated in determining the experimental design, analyzed data, created figures and
drafted the manuscript.

All authors parcipated in contribung to text and the content of the manuscript, including
revisions and edits. All authors approve of the content of the manuscript and agree to be held
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