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## **An extremely low-frequency magnetic field can affect CREB protein conformation which may have a role in neuronal activities including memory.**

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### **Abstract**

The cAMP response element-binding protein (CREB) was exposed to an extremely low-frequency magnetic field (ELF-MF) of the range (-2.4 - 2.4) mT intensity and at a frequency of 50 Hz. The effects of exposure were investigated in the mid-infrared region using Fourier spectroscopic analysis. The purpose of this experiment is to simulate the exposure of neuronal proteins to a low magnetic field which may naturally occur in the brain due to electrical impulse signals. The experimental results showed inconsistent fluctuations in peak positions, band shape, and intensities for several bands in the amide II, amide IV and amide VI regions. This can be due to two factors. The first suggests that hydrogen bonds can alter the frequency of stretching vibrations depending on the increase or decrease of strain on the vibrations. The second is that all these bands are caused by bending vibrations in combinations with other vibrations, which makes these vibrations susceptible to magnetic field influence. Spectra analysis showed that once the CREB protein was exposed to a magnetic field, it induces a genuine reaction changing the secondary structure and producing changes that can have a lasting effect. The resulting conformational changes in brain proteins may have an effective role in signal transduction, learning and memory formation.

**Keywords:** FTIR-Spectroscopy, ELF-Magnetic Field, Protein conformation dynamics, Memory process.

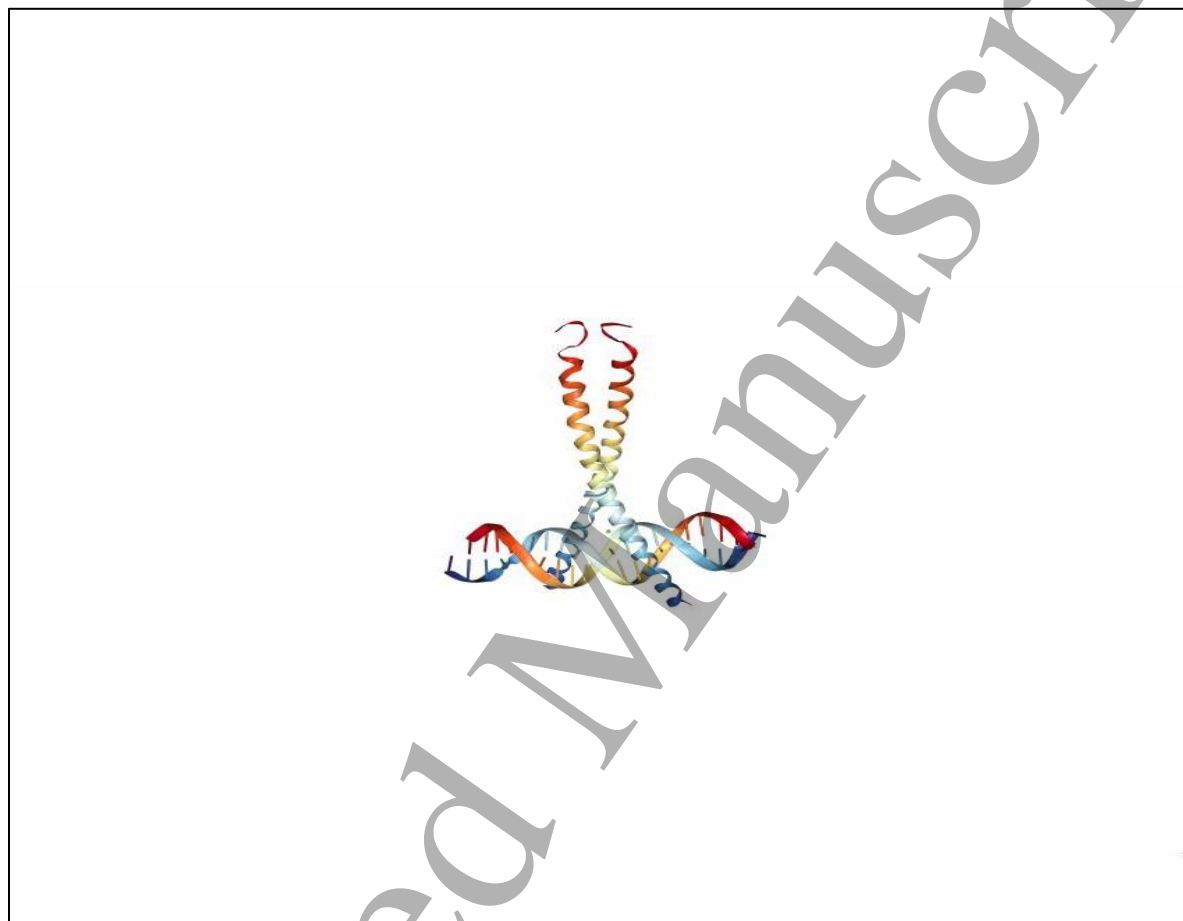
## I. INTRODUCTION

Recent studies have shown that exposure to an extremely low-frequency electromagnetic field increases hippocampal neurogenesis and improves memory [1]. Rats exposed to ELF-MF during cognitive training performed better in both spatial learning and long-term retention of spatial memory [2-4]. Other studies have also shown that exposure to ELF-MF can increase the levels of amino acid neurotransmitters and increase the level of dopamine in the thalamus of rat brains [5], [6]. Whereas, other investigations have demonstrated that exposure to an ELF-MF might have harmful effects on an organism's physiology [7, 8].

ELF-MF is commonly present in our external environments, furthermore, the electrical impulse signals in neurons are capable of generating an internal magnetic field [9]. In this study, we are interested in investigating how exposure to ELF-MF might affect the protein structure of hippocampal proteins. We choose to focus our study on CREB because it is a well-conserved and ubiquitous protein that plays a critical role in the formation of long-term memory (LTM) [10, 11]. CREB is a cellular transcription factor that binds the cAMP response element (CRE), resulting in either upregulation or downregulation of its gene targets [12]. The CREB protein molecular structure is shown in Fig. 1, [13] it belongs to a superfamily of basic leucine zipper (bZIP) proteins, which can be divided further to smaller families based on their DNA binding and dimerization preferences.

Mutations in the gene encoding CREB protein have been linked to Rubinstein-Taybi syndrome, a human genetic disorder [14, 15]. Therefore, the utilization of CREB has been suggested for clinical use on cases of human memory disorders. The transcription factor CREB is involved in a

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3 variety of cellular processes, such as glucose homeostasis, growth factor-dependent cell survival,  
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5 and has been implicated in learning and memory [16].  
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42 **Figure 1. Molecular structure of CREB. The crystal structure of the cyclic AMP response**  
43 **element (CRE)-binding protein (CREB) bZIP domain (PDB ID 1DH3) is shown with a**  
44 **dsDNA (13). The residues that function in DNA recognition are in the region highlighted in**  
45 **light blue. A magnesium ion (green) can be seen located near the basic DNA binding region.**  
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3 Studies of *Aplysia* [17, 18], *Drosophila* [19] and mouse [20] suggested that cAMP-responsive  
4 transcription, mediated by the CREB family of proteins, has contributed strongly in the learning  
5 process and the formation of long term memory (LTM) by coupling neuronal activity with changes  
6 in gene expression [21]. In general, these studies showed overwhelming pieces of evidence that  
7 CREB acts as a molecular switch to control the formation of LTM. CREB regulates crucial cells  
8 in the developing brain. It participates in neural plasticity, learning and memory, and has a role in  
9 adult hippocampal neurogenesis (AHN) [22-24]. It has also been reported that the cerebral  
10 neocortex is continuously and spontaneously working, even without any outside interference,  
11 which implies that neuronal microcircuits in the neocortex naturally maintain a state of internal  
12 self-organization. It has also been proposed that spontaneous neocortical activity can result from  
13 the magnetic interactions between astrocytes and neighboring neurons [25].  
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30 The nervous system works by using electrical signals. Therefore, it should not be surprising that  
31 exposure to electromagnetic fields could lead to physiological changes. Although there is a lack  
32 of consensus regarding the effects of ELF-MF on proteins [26-28], it seems that the ELF  
33 magnetic field affects proteins either by improving biological tasks or by causing dysfunction.  
34 This depends on whether the exchanged energy is appropriate for a particular task or not. It is  
35 clear from all these *in vivo* and *in vitro* studies that protein exposure to (ELF-MF) has caused  
36 interference with memory mechanisms and has an effect on brain function. In a previous  
37 investigation, we exposed beta-amyloid and human serum albumin to ELF-MF and the results  
38 indicated these proteins were highly sensitive to the effect of magnetic fields [29].  
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51 The human brain has been estimated to contain close to 85 billion neurons [30], which are  
52 connected through an infinitely elaborate network of junctions to conduct neuronal signals. In  
53 this study, we suggest that when a neuronal signal is sent through this highly complex network of  
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3 nerve processes, it creates an electromagnetic field that affects the structure of the surrounding  
4 proteins. The electromagnetic field can induce changes to a protein's secondary structure by  
5 affecting both of the hydrogen bonding, and the polarization of dipole moments [31, 32]. These  
6 conformational changes which result in subtle changes in the overall shape of a protein resemble  
7 the changes by the hysteresis phenomena in ferromagnetic material.  
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10 We propose that the magnetic field generated by neuronal electric signals will induce a specific  
11 conformational change to the nearby proteins. When an electrical signal comes through the  
12 neuronal network for the first time it could leave an imprint in terms of structural changes in the  
13 protein caused by its magnetic field. Whenever the same neuron signal is regenerated internally  
14 or externally at a later time in the neuronal network, it might revive the conformational imprint  
15 from the remnant traces of the original signal. Perhaps memory is associated with the structural  
16 changes caused by the magnetic field in the surrounding proteins. The molecular mechanism by  
17 which information is stored might be due to the hysteresis type behavior in protein conformation.  
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19 The hysteresis behavior arises from the discrete structural transition induced by the magnetic  
20 field in the structure of the protein [33,34]. The memory effect is associated with transient  
21 increases or decreases of protein vibrational frequencies induced by the field [35, 36].  
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24 Furthermore, the instantaneous acts of sensing followed by reacting and being alert most of the  
25 time for occurring events by the brain does require fast mechanisms of interaction similar to that  
26 provided by a magnetic field. Keeping an organized memory and the correlations between events  
27 fit well with the nature of magnetic field  
28 interactions.  
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## 31 **II. MATERIALS AND METHODS**

### 32 **A. Preparation of stock solutions**

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3 Human recombinant CREB binding protein bromodomain (1081-1197 amino acids), was stored  
4 in a buffer of ( 20  $\mu$ g CREB, 50 mM Tris [(hydroxymethyl) aminomethane, with the formula  
5 (HOCH<sub>2</sub>)<sub>3</sub>CNH<sub>2</sub>], pH 7.5, containing 500 mM sodium chloride, 5mM  $\beta$ -mercaptoethanol, and  
6  
7 (HOCH<sub>2</sub>)<sub>3</sub>CNH<sub>2</sub>], pH 7.5, containing 500 mM sodium chloride, 5mM  $\beta$ -mercaptoethanol, and  
8  
9 5% glycerol). This sample was purchased from Sigma Aldrich Chemical Company and was  
10 stored at -80 0C and did not require any further purification before use. The samples for FTIR  
11 measurement were prepared after one hour of incubating the solution at room temperature. The  
12 amount of 40 ml of the solution was placed on a silicon window plate and left to dry at room  
13 temperature before spectroscopic measurements were taken.  
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## 24 **B. FTIR spectroscopic measurements**

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26 We used a Bruker IFS 66/S spectrophotometer equipped with liquid nitrogen cooled MCT  
27 detector and a KBr beam splitter to obtain the FTIR measurements.  
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30 The FTIR measurements were obtained on a Bruker IFS 66/S spectrophotometer equipped with  
31 liquid nitrogen cooled MCT detector and a KBr beam splitter. The spectrophotometer remained  
32 continuously purged with dry air during the measurements to reduce the noise signal level. The  
33 measured spectrum was the average of 60 scans for each run to increase the signal to noise ratio.  
34  
35 The spectral resolution for all measurements was set at 4 cm<sup>-1</sup> and the aperture setting through  
36 all the measurements was set at 8 mm since it did give the best signal to noise ratio. All needed  
37 calculations, baseline corrections, and normalization were performed by OPUS software. The  
38 peak positions were identified by obtaining the second derivative of the spectra by OPUS  
39 software and by Fourier self-deconvolution (FSD) technique which is done repeatedly through 6  
40 iterations for all deconvolution processes. The technique of (FSD) decomposes the major bands  
41 of the spectrum to its original components of single peaks which are linked to the secondary  
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3 structure of the protein. The FTIR spectra of CREB were obtained in the featured region of  
4 (4000 - 400)  $\text{cm}^{-1}$ . The FTIR spectra were obtained through subtracting the absorption spectrum  
5 of the background from the spectrum of the protein sample. The difference spectra are used to  
6 show the net effect of the ELF magnetic field on CREB protein. For accuracy assurance, the  
7 difference spectra were calculated using the featureless region of the protein spectra (1800-2200)  
8  $\text{cm}^{-1}$  where it gave a zero difference. Besides, the difference spectra for several control samples  
9 with the same protein concentration, which yielded a flat line formation as expected.  
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### 21 **C. ELF magnetic field measurements**

22 We used an electromagnetic coil that is connected to an AC voltage regulated at 220 volts and at  
23 a frequency of 50 Hz to produce a magnetic field with a sinusoidal waveform. The sample is  
24 positioned very close to the center of the coil at a fixed holder. Therefore, keeping a uniform and  
25 perpendicular magnetic field directed at the surface of the sample. The CREB sample were  
26 exposed to varying magnetic field of the following magnitudes (0.0, 0.45, 1.4, 2.4, 1.4, 0.45, 0.0,  
27 -0.45, -1.4, -2.4) mT. The sample exposure time for each magnetic field setting was 5.0 minutes.  
28 The magnitude of the magnetic field was recorded for all measurements using a magnetic field  
29 axial probe PHYWE Gauss meter.  
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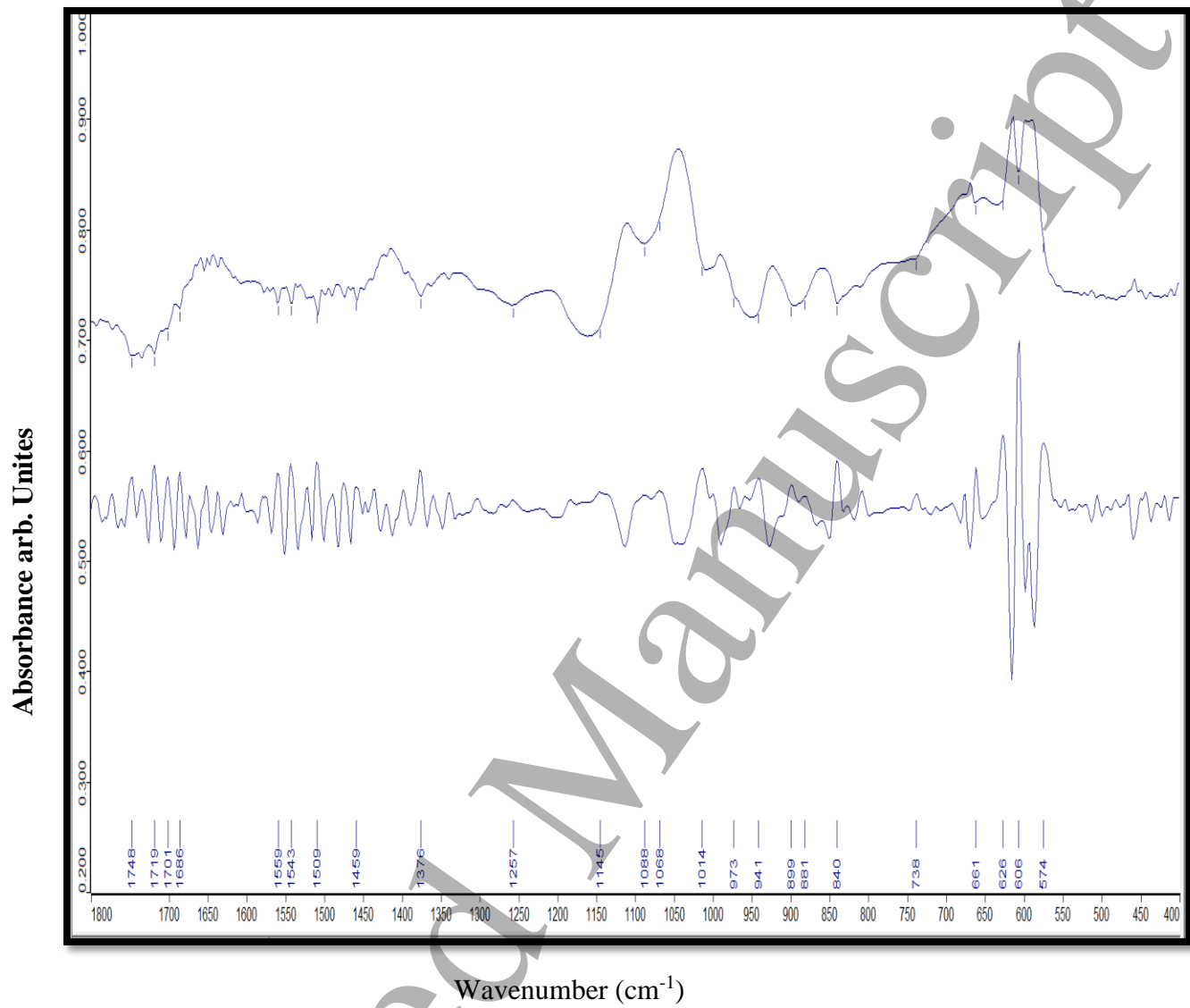
### 45 **III. RESULTS**

46 The obtained results mainly consisted of taking the FTIR absorption spectra for the mid-infrared  
47 region (4000 - 400)  $\text{cm}^{-1}$ . This range covers all the amide regions and the fingerprint region. The  
48 IR spectrum corresponds to the molecular vibration of the involved protein. The FTIR spectra in  
49 this work were obtained for the CREB sample before and after exposure to ELF magnetic fields  
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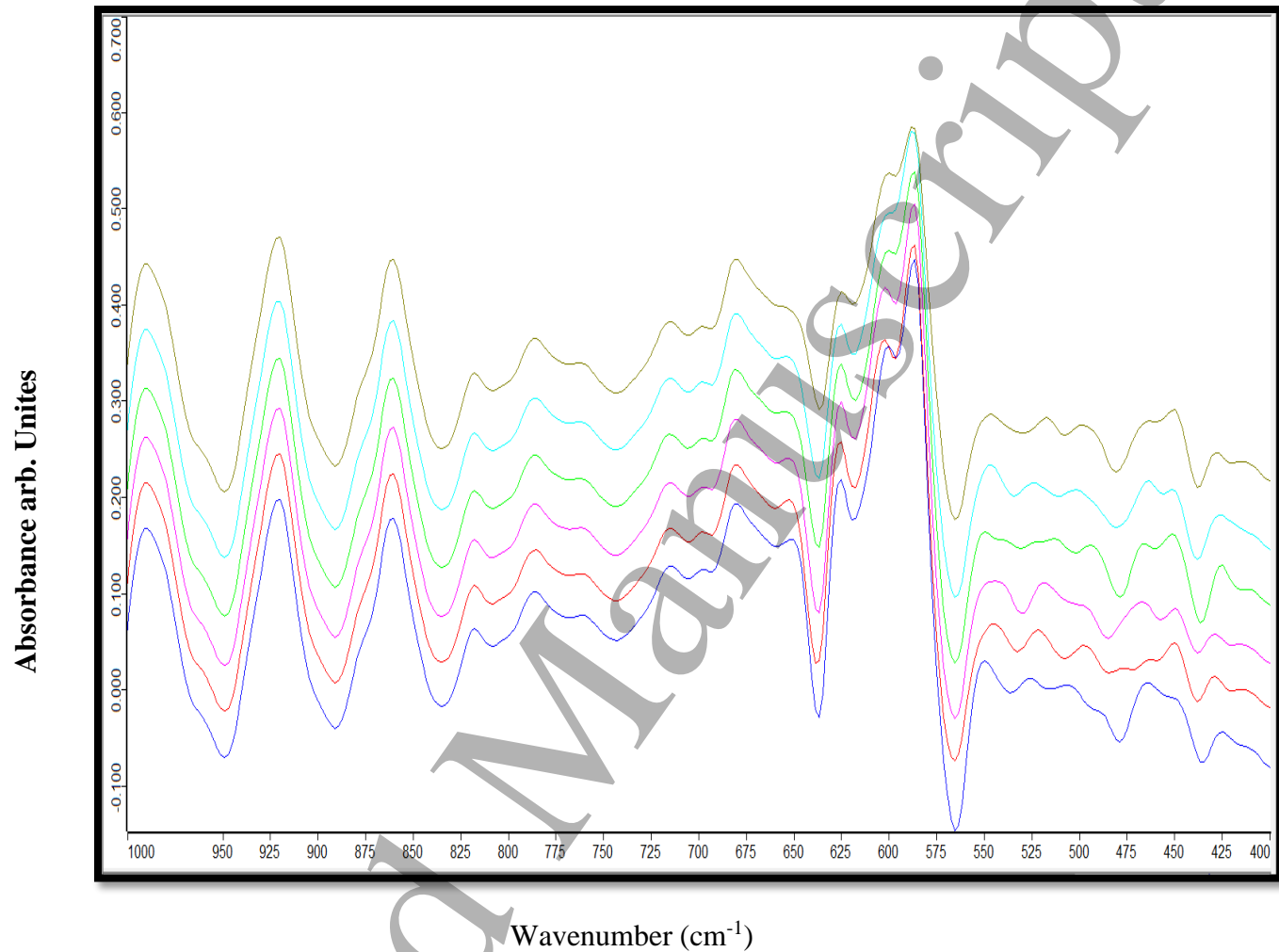
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3 while keeping the sample fixed in its position at all times, which allows accurate comparison of  
4 band intensities and peak positions. Any changes in CREB spectra after exposure to a magnetic  
5 field must be due to changes in the molecular vibrations of CREB structure which can be  
6 attributed to the magnetic field effect.  
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12 Figure 2 shows the IR absorption spectrum and its second derivative of CREB protein in the  
13 range of (1800-400)  $\text{cm}^{-1}$ . The major bands are shown by the absorption spectrum while the  
14 more detailed structure of the bands is shown as individual peaks by the second derivative  
15 spectrum.  
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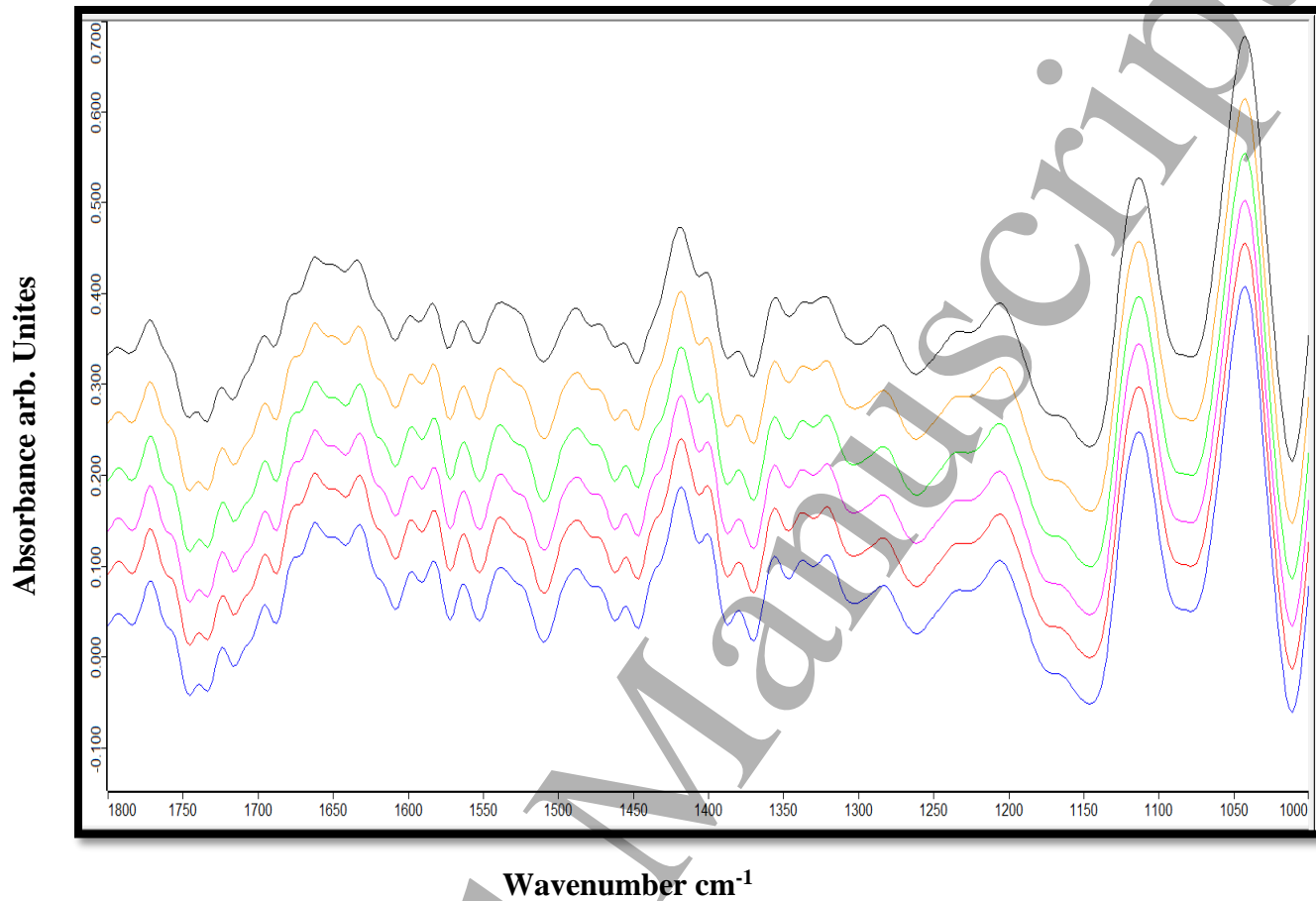


**FIG. 2. A: Absorption spectrum obtained for CREB. B: Second derivative of CREB absorption spectrum**

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3 The effect of exposing CREB to a 50Hz oscillating magnetic field at different magnitudes (0.0,  
4 0.45, 1.4, 2.4, 1.4, 0.45, 0.0, -0.45, -1.4, -2.4) mT are shown by the changes in the FSD  
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6 absorption spectrum for the different magnetic fields in Figs 3 and 4. The FSD absorption spectra  
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8 of CREB show the major absorption bands, including the amide bands and the fingerprint  
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10 regions. The major peaks in the amide I region (1600 -1700)  $\text{cm}^{-1}$  are caused by C=O stretching  
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12 vibrations coupled with the C-N stretching and C-C-N deformation mode [37]. The amide II  
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14 (1480-1600)  $\text{cm}^{-1}$  region features several peaks which are caused by out of phase combination of  
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16 N-H in-plane bending and C-N stretching vibration [38]. The absorption bands in the amide III  
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18 region (1220-1320)  $\text{cm}^{-1}$  are mainly due to in-phase interference between the N-H bending and  
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20 the C-N stretching with additional contributions from the C-O in-plane bending and the C-C  
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22 stretching vibration [38]. The shown absorption bands in amide IV region (625-770)  $\text{cm}^{-1}$ , are  
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24 mainly caused by combinations of OCN bending vibrations mixed with out of phase N-H  
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26 bending [39]. The absorption bands in the amide V region (640–800), they are caused by out-  
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28 of-plane NH bending, while the absorption bands in the amide VI region (537–606) are caused  
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30 by out-of-plane C=O bending [38]. The FSD spectra show additional absorption bands in (900-  
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32 1300)  $\text{cm}^{-1}$  range which is assigned to C-O bending vibrations of saccharides (glucose, lactose,  
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34 and glycerol) [40]. The absorption bands in the region (1360–1430)  $\text{cm}^{-1}$  are caused by  
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36 vibrations of certain amino acid chains and the absorption bands in the region (1430–1480)  $\text{cm}^{-1}$   
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38 are caused by fatty acids, phospholipids and triglycerides [39]. All major observed peaks of the  
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40 absorption bands before and after exposure to magnetic fields in the range (400-1700)  $\text{cm}^{-1}$  are  
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42 assigned in Table I based on several previous studies [41, 42].  
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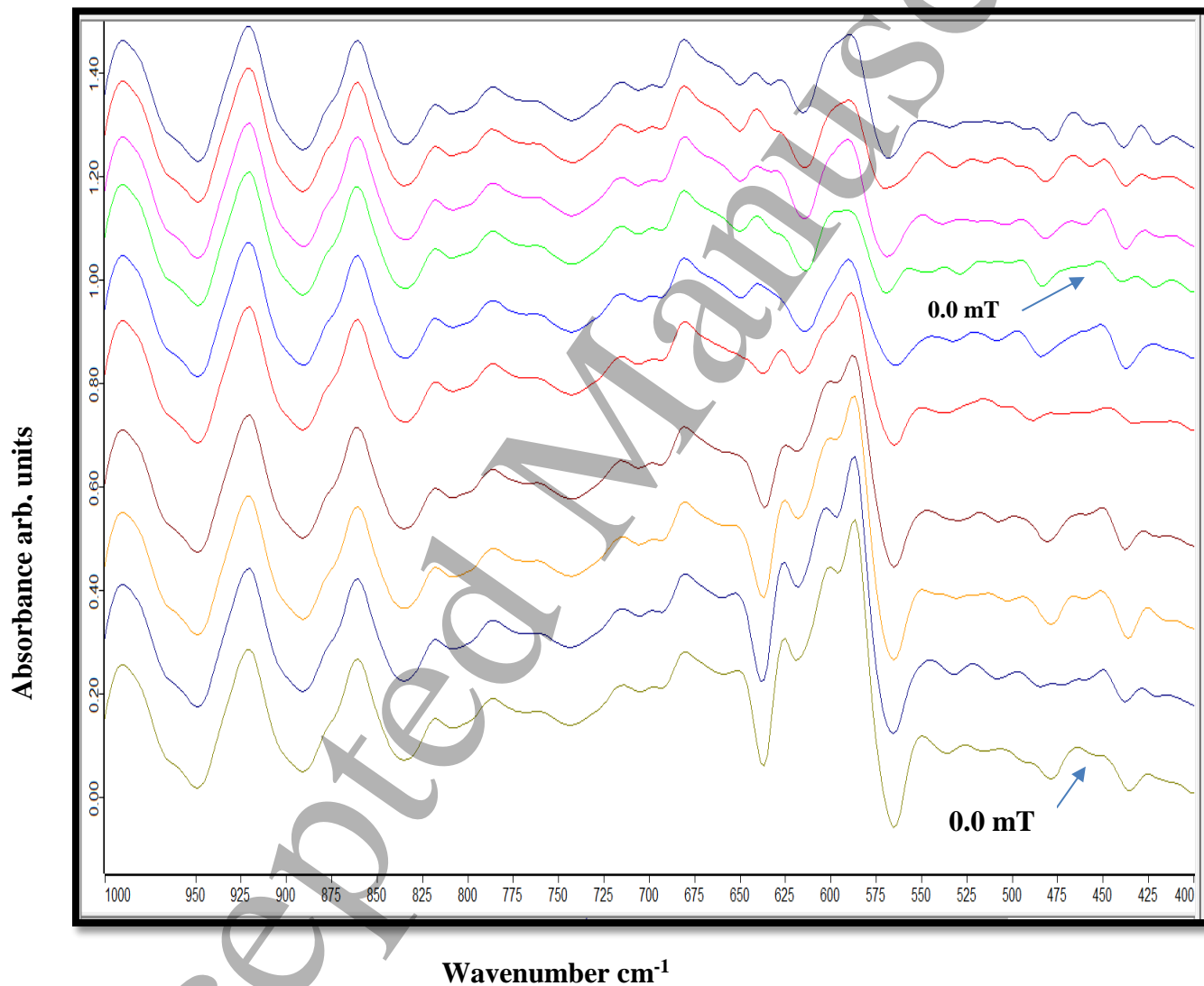


**FIG. 3. FSD absorption spectra of CREB exposed to magnetic field at different magnitude (0.0, 0.45, 0.9, 1.35, 1, 9 and 2.4) mT arranged in order from bottom to top.**



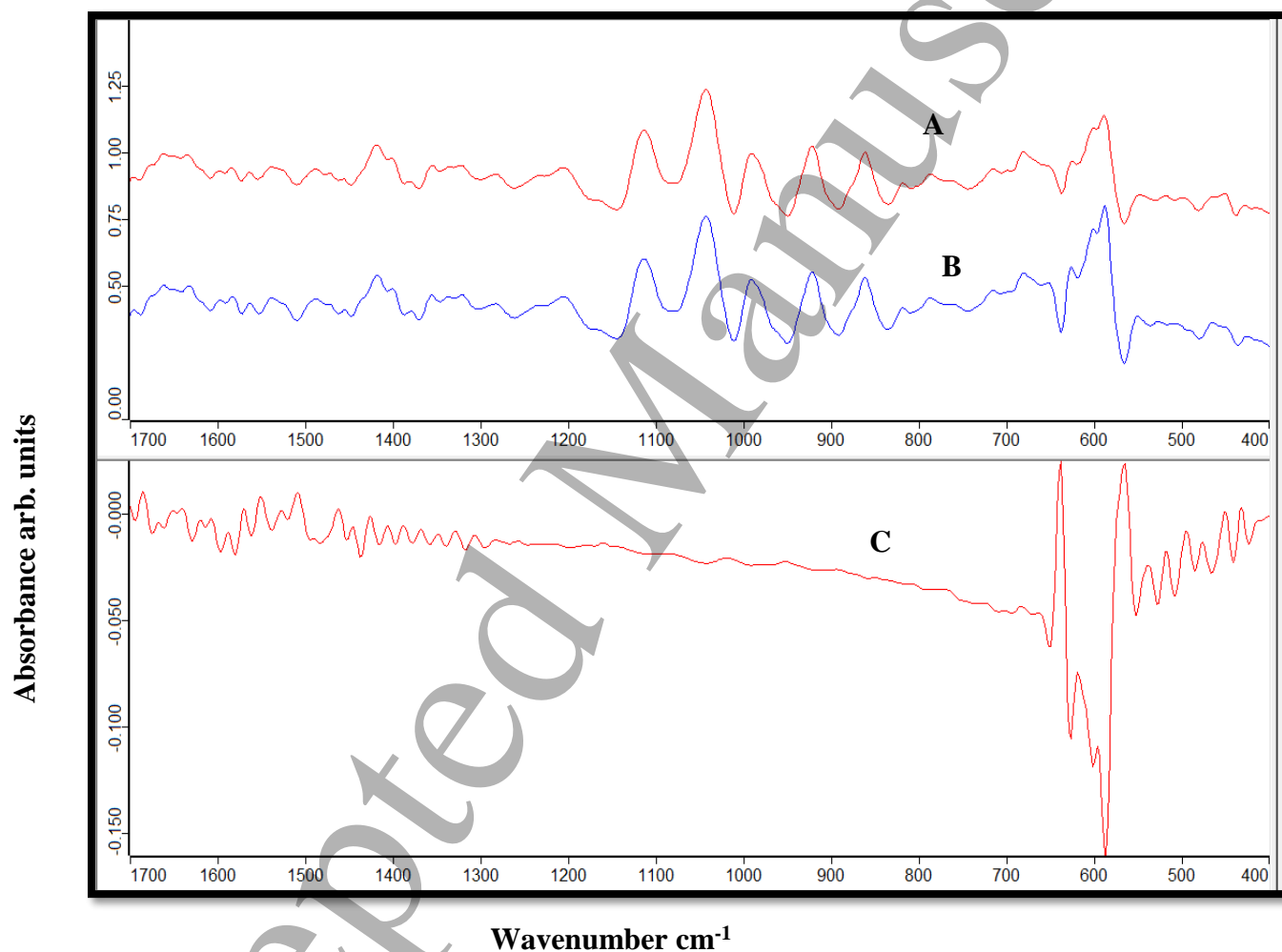
**FIG. 4. FSD absorption spectra of CREB exposed to magnetic field at different magnitude (0.0, 0.45, 0.9, 1.35, 1.9 and 2.4) mT arranged in order from bottom to top.**

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3 The spectra in Fig. 5 show inconsistent fluctuation in the range of  $(450-675) \text{ cm}^{-1}$ , where peak  
4 positions and the shapes of bands continued to change at different magnetic fields indicating high  
5 sensitivity to the effect of the magnetic field.  
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50 **FIG. 5. FSD spectra of CREB exposed to positive and negative magnetic field arranged from**  
51 **bottom to top (0.0, 0.45, 1.4, 2.4, 1.4, 0.45, 0.0, -0.45, -1.4, and -2.4) mT**  
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5 The net effect of exposing CREB to a 50 Hz oscillating magnetic field of 2.4 mT is shown in Fig.  
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7 6 by taking the difference spectrum: {FSD spectrum of CREB exposed to the magnetic field — the  
8  
9 FSD spectrum of CREB }.



**FIG. 6. Spectrum A: obtained for CREB exposed to 2.4mT magnetic field. Spectrum B: obtained for CREB at 0.0 mT field. Spectrum C: shows the difference spectrum of (A-B)**



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3 Figure 6 reveals the affected absorption peaks which are relevant to changes in the secondary  
4 structure of CREB protein. All major changes in the range (400-1700)  $\text{cm}^{-1}$  are listed in Table I,  
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6 where peak positions and band intensities have been affected.  
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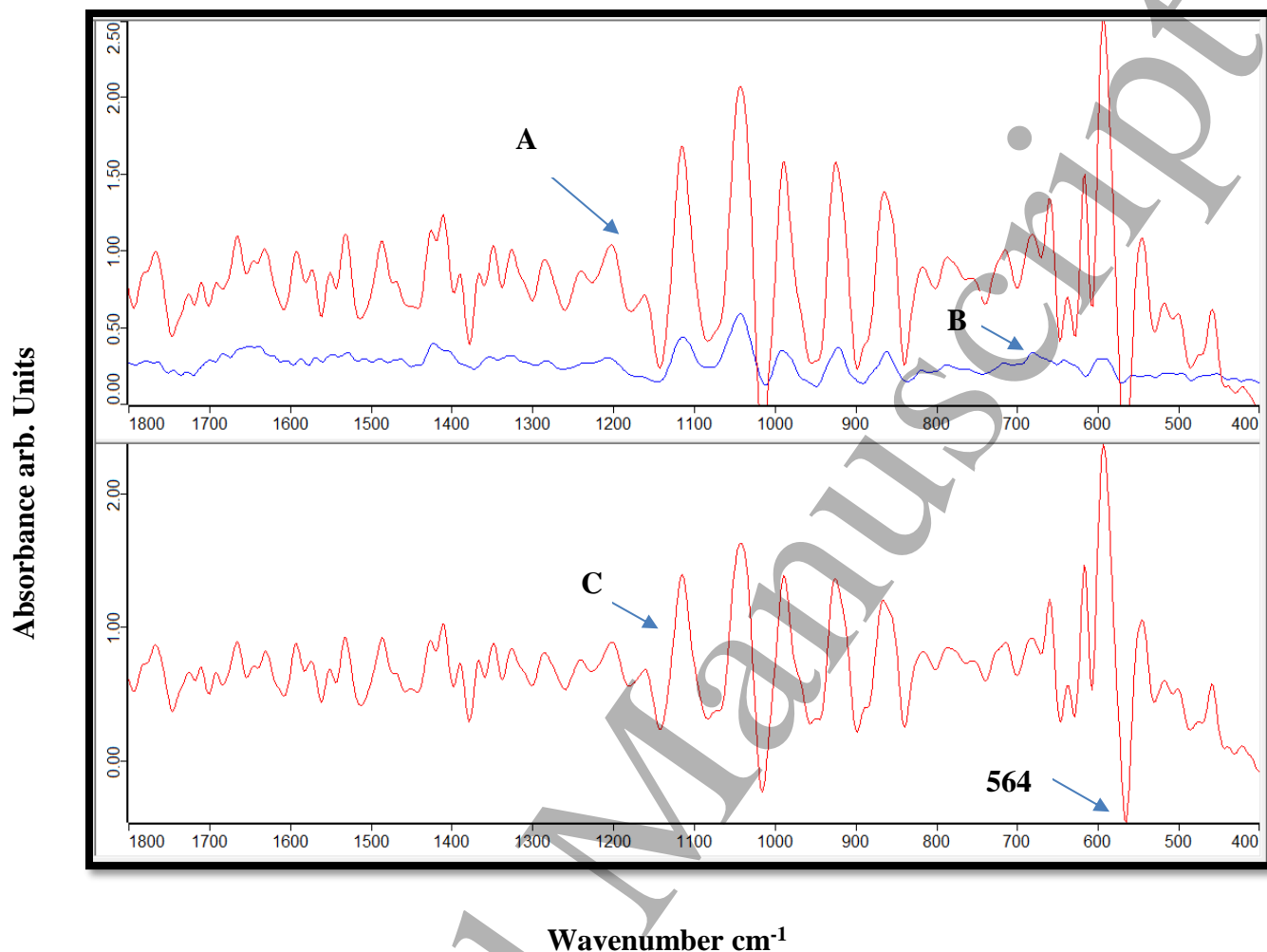
TABLE I. Band assignment ( $\pm 0.125 \text{ cm}^{-1}$ ) before and after CREB exposure to ELF-MG

Region in $\text{cm}^{-1}$	Band position at 0.0 mT	Band position at 2.40 mT	Changes in band Intensities	Difference spectra peaks	Difference spectra inverted peaks
	427	427	decreased		422
	447	450	increased		438
	464	465	decreased		463
	488	--	disappeared		484
	505	497	increased		506
	526	517	decreased		524
<b>Amide IV</b>	549	546	decreased		550
	586	587	decreased	565	585
	599	600	decreased		599
<b>Amide V &amp; VI</b>	624	624	decreased	637	625
	650	650	decreased		649
	680	680	no change		
	699	699	no change		
	715	715	no change		
	759	759	no change		
	787	787	no change		
<b>900-1200</b>	no change in peak positions or intensities				
<b>Amide III</b>	1234	1234	no change		
	1283	1284	no change		1295
	1320	1322	no change		1317
	1338	1338	decreased		1339
	1357	1356	no change		1358
<b>1360-1430</b>	1379	1380	no change		1378
	1401	1401	no change		1396
	1418	1418	no change		1416
<b>1430-1480</b>	no change in peak positions or intensities				
<b>Amide II</b>	1489	1489	decreased		1483
	1521	1521	no change	1507	
	1538	1538	decreased		1539
	1563	1563	decreased	1550	1561
	1583	1583	decreased	1569	1580
<b>Amide I</b>	1600	1600	decreased		1596
	1617	1618	decreased		
	1633	1633	decreased		1629
	1650	1651	no change		
	1663	1662	decreased		
	1678	1679	decreased	1685	1675
	1696	1696	decreased		

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The peaks of the difference spectrum in Fig. 6 (c) above the zero line represent an increase of intensity while the inverted peaks represent a decrease in intensity. Most peaks in the range (425-675)  $\text{cm}^{-1}$  have shown a decrease in their intensity, and in some cases were also accompanied by a little shift in positions.

Figure 7 shows the difference spectra between the original FSD spectra of CREB before being exposed to a magnetic field and to zero magnetic field exposure after a cycle of exposure to different magnetic fields: (0.0, 0.45, 1.4, 2.4, 1.4, 0.45, 0.0) mT. The difference spectrum shows unexpected fluctuations indicating a remnant effect due to previous magnetic field exposure.



**FIG. 7. Spectrum A:** obtained for CREB before exposure to any magnetic field. **Spectrum B:** Obtained for CREB after been exposed to magnetic field in steps and returns to 0.0 field exposure. **Spectrum C** shows the difference spectrum of (A-B)

It is interesting to note that amide II, amide IV and amide VI have shown sensitivity to magnetic field exposure, and all these bands are caused by bending vibrations in combinations with other bonds. One may speculate that the weak bending vibrations leave molecules more susceptible to be twisted by the magnetic field.

### III. DISCUSSIONS

The qualitative analysis of the secondary structure for CREB protein is based on the observed changes in peak position, band intensity and bandwidth for the individual bands. It is widely accepted that vibrational spectroscopy is highly sensitive and can detect any small change (0.02%) in bond strength [43]. Changes in bands' positions are caused by a shift in the frequency of the absorbed energy due to changes in the original bond vibrations of the absorption band. Some other causes can induce a shift in the frequency of vibrations. For instance, protein aggregation induces a shift to lower frequency in the secondary structure [44]. The intensity of an absorption band is proportional to the number of its vibrational bonds. The intensity of the vibration band can also be induced by an increase in the population of the components that give rise to that vibration. Furthermore, an increase in the intensity of a vibration band can be induced also by an increase in the dipole moment of the macromolecules due to their alignment to the applied field [45]. Any variation in the number of bonds is directly linked to changes in the secondary structure of the involved protein.

Changes in the FSD convoluted spectra in Figs. 3 and 4 indicate secondary structure changes as a result of CREB exposure to different magnetic fields. These changes are evident in most of the bands in the range of (425-675)  $\text{cm}^{-1}$ . The changes are characterized by inconsistent fluctuations in peak positions, bands shape, and intensities as can be seen in the following bands (427, 447, 464, 488, 505, 526, 549, 586, 599, 625 and 651)  $\text{cm}^{-1}$ . The other bands in the range of (680-1800)  $\text{cm}^{-1}$  have shown little or no change in peak positions with little decrease in intensity of the absorption bands in the amide II region.

The following bands have shown a shift in their peak positions due to magnetic field exposure in the range (0.0→2.4) mT as follows: (505→497)  $\text{cm}^{-1}$ , (526→517)  $\text{cm}^{-1}$  and (549→546)  $\text{cm}^{-1}$ .

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3 These peaks have shifted to lower energies, which indicates a decrease in the molecular vibration  
4 due to a weaker strain on the vibrating molecules. Such as been specified above, proteins  
5 aggregation induces a shift to a lower frequency in the secondary structure [46, 47]. This peak  
6 shift can also be supported by arguing that out of plane bending in combination with other  
7 molecular vibrations leave molecules more susceptible to be twisted by the magnetic field.  
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10 Twisting of the molecular bonds can increase or decrease the stiffness of the vibration constant  
11 leading to an increase or decrease in the bond energy. Other experimental investigations suggest  
12 that a hydrogen bond to the C-O group can lower the band's frequency by 20 to 30  $\text{cm}^{-1}$  while a  
13 hydrogen bond to the N-H group can lower it by (10 – 20)  $\text{cm}^{-1}$  [48]. Generally, it is easier to  
14 bend than stretch, so bending vibrations are of lower energy than stretching vibrations for the  
15 same bond. Therefore, absorptions due to bending tend to occur at lower wavenumber than that  
16 of stretches.  
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33 Our measurements showed a large loss of intensity to most of the bands in the amide IV, amide  
34 VI regions, in addition to a small decrease of intensity to some bands in the amide II region. The  
35 loss of intensity implies that exposure to the magnetic field induces a damping effect on the  
36 amplitude of oscillation which alters molecular vibrations at the bonding sites. In general, the  
37 exposure of a protein to a magnetic field may induce forces that can influence the vibration of  
38 charged particles. For example Lorentz force ( $F = qv \times B$ ), and the magnetic gradient force ( $F =$   
39  $(\mu \nabla) B$ ), where  $q$  and  $v$  are the charges and the velocity of the particle,  $B$  is the magnetic  
40 induction, and  $\mu$  is the dipole magnetic moment [49]. The quenching effect on the spectra of  
41 amide IV and amide VI was stronger than the quenching effect on the other regions. One may  
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3 postulate that the magnetic field has a larger damping effect on out of plane bending vibrations  
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5 than that of other vibrations.  
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8 The spectra for the range (1000-1800)  $\text{cm}^{-1}$  shows no variations for the whole range of different  
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10 magnetic fields as shown in Fig. 4. While, distinct variations in the spectra are shown in Figs 3  
11  
12 and 5 in the range (450-675)  $\text{cm}^{-1}$ , where some peaks disappeared and others showed a change  
13  
14 in their intensity. Even repeated exposures to the same magnetic fields yielded a change in the  
15  
16 spectra as shown in Fig. 5 for (0.0, 0.45, and 1.4) mT cases. The changes in the spectra for this  
17  
18 range showed hysteresis behavior in CREB structure when exposed to a magnetic field. The  
19  
20 spectra kept on changing while the magnetic field is changed through a complete cycle. It means  
21  
22 CREB response depends not only on the current state but also upon its past exposure history.  
23  
24 Hysteresis behavior in different proteins has been reported earlier by different researchers [33,  
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26 34, and 47]. Hysteresis in the complex system of CREB may arise from a bifurcation in the  
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28 energy landscape due to functional regions on the protein's surface, or actual three-dimensional  
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30 domains which add complexity to folding landscapes [50]. The applied magnetic field can  
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32 impose twisting on molecular vibrations in the protein. Furthermore, when the field is turned off  
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34 the vibrational bonds do not return to their original state. Hysteresis is most likely to be a  
35  
36 consequence of the untwisting of the bonds, where the protein shows less elasticity. These  
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38 changes in the spectra reveal that the magnetic field causes changes in the three-dimensional  
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40 shapes of protein structure.  
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47 On the other hand, the magnetic field has little or no interference with the in-phase combinations  
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49 of N-H bending and C-N stretching in the amide III region leaving this region with minor  
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51 changes in its bands' intensities.  
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3 Figure 6 shows a minor position shift for the listed peaks in Table I: (427→422, 447→438,  
4 464→463, 488→484, 505→506, 526→524, 1563→1561, 1583→1580, 1598→1596,  
5 1633→1629, 1678→1675) cm<sup>-1</sup>. In addition to a strong magnetic field effect in decreasing  
6 bands' intensities occurring at (585, 599, 625 and 649) cm<sup>-1</sup> and a small increase in band  
7 intensities at the following bands (1507, 1550 and 1569) cm<sup>-1</sup>.  
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10 The peaks in Fig. 6 (c), represent the gain of intensities due to the magnetic field effect, which is  
11 caused by constructive interference with the absorbed frequency at the peaks' positions. While  
12 the inverted peaks represent a loss of intensity due to the magnetic field caused by a destructive  
13 interference with the absorbed frequency at their positions. If the difference spectrum is a  
14 straight line, it indicates no contribution from the magnetic field implying no interference or  
15 energy exchange took place.  
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18 Exposing vibrating molecules to the magnetic field forces the vibrating molecules to be aligned  
19 in the direction of the applied magnetic field. The resulting torque provokes a twisting effect on  
20 the vibrating molecules which leads to a change in the vibration of the involved bonds. The  
21 change of the vibration yields a shift in the absorption frequency of the involved bands.  
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24 The difference spectrum in Fig. 7 (c) shows the net changes in CREB protein due to increasing  
25 the magnetic field in increments from 0.0mT to 2.4mT and then reducing it back to 0.0mT. Small  
26 fluctuations are observed all over the spectrum with all peaks and inverted peaks are listed in  
27 Table II. The largest inverted peak which indicates a major drop of intensity is located at 564  
28 cm<sup>-1</sup> in the amide VI region. The difference spectrum in Fig. 7 (c) shows that once the CREB  
29 protein was exposed to a magnetic field, it induces a genuine interaction changing its secondary  
30 structure which also yields momentarily changes in the tertiary structure of the protein. This is  
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also supported by the inconsistent changes in the spectra of Figs. 3, 4 and 5 due to the successive changes in the magnetic field.

TABLE II. Peak positions ( $\pm 0.125 \text{ cm}^{-1}$ ) of the difference spectrum between CREB before exposure (0.0 mT) and after an ascending and descending cycle of exposure to the following magnetic fields (0.0, 0.45, 1.4, 2.4, 1.4, 0.45, and 0.0 mT).

Region $\text{cm}^{-1}$	Peak positions before exposure (0.0 mT)	Peak positions after exposure (0.0 mT)	Difference spectra peaks	Difference spectra inverted peaks
	427	427	420	
	447	450		431
	464	464	442	
	488		461	
	505	497	482	
Amide IV 537-606	526	517	525	
	549	547	545	
	586	587		564
	599	600	685	
			603	
			623	
Amide V ( 640-800) and IV(625-765)	625	624		637
	650	651	647	
	679	680		
	698	699		

	715	715	
	786	786	
800-1220	No change in peak position		1018
Amide III 1220-1320	No change in peak position	1294	
		1317	
1330- 1480	No change in peak position		
		1342	
		1357	
		1375	
		1397	
		1414	1424
		1436	
Amide I 1480- 1600 & II 1600-1700	No Change in peak position	1452	
		1483	
		1495	1510
		1539	1550
		1596	

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The exposure of CREB protein to the ELF-magnetic field showed internal energy changes in the molecular structure of the protein. A magnetic field can cause charge motion and induces molecule polarization within the exposed protein. According to Lenz's law, charge motion can generate a new magnetic field to counter the effect of the original magnetic field. The primary

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3 magnetic fields and their induced opposing magnetic fields perpetuate energy oscillation within  
4 the protein causing time delay for a full recovery and the return to the original state.  
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7 The results of this study lead to the following suggestive hypothesis, but it needs to be confirmed  
8 by biochemical studies. The effects of the electromagnetic field on brain proteins are  
9  
10 accumulative and evolutionary which allows for the uniqueness of each brain. Each time a  
11  
12 neuron signal is emitted due to the observation of a certain object, it may be a little different  
13  
14 from the previous signal emitted in observing the same object. This requires repeated  
15  
16 modification and updating of memory imprints with the new changes which keep the whole  
17  
18 process relatively dynamic. Each one of these signals produces its magnetic field which in turn  
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20 induces a unique three-dimensional structural change in the molecular structure of the protein.  
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22 Keeping in mind, that each set of these changes corresponds to a specific interaction by the  
23  
24 involved brain.  
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31 The instantaneous acts of sensing followed by reacting require fast mechanisms of interaction  
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33 similar to that provided by a magnetic field. Staying alert and maintaining an organized dynamic  
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35 memory demands a state of continuous interaction with an existing field.  
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38 Further investigations incorporating different experimental techniques in protein dynamics and  
39  
40 ELF- magnetic effects on other important brain proteins are needed to help us better understand  
41  
42 brain activity and function.  
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#### 44 **IV. CONCLUSIONS**

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46 The experimental results showed that CREB is highly sensitive to ELF magnetic field exposure  
47  
48 and the following changes have been observed: (1) Peak positions' shifts and intensity changes  
49  
50 were highly noticeable for the bands of amide IV, amide VI and amide II. (2) The loss of  
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52 intensity implies that CREB exposure to magnetic field introduces a damping factor on the  
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3 amplitude of oscillation which alters molecular vibrations at the bonding sites. (3) No major  
4 changes in the amide III and amide I region have been observed. (4) The conformational changes  
5 of the protein are formed by a spontaneous chain of interactions with the magnetic field, which  
6 leads to internal energy changes in the protein. (5) Hysteresis like behavior in CREB protein  
7 suggests a possible role in the learning and memory processes in the brain.  
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